



## Arbor Farms Market

### October Soup Schedule

Everyday Soup: **Tomato Basil**

		28-Sep	29-Sep	30-Sep	1-Oct	2-Oct
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
		Roasted Vegetable Barley	Carrot-Ginger	Jarlsberg and Onion	German Beer and Cheddar	Parmesan Vegetable Noodle
		Bean and Bacon	Mulligatawny	Salmon Chowder	Beef and Barley	Hearty Beef Chili
3-Oct	4-Oct	5-Oct	6-Oct	7-Oct	8-Oct	9-Oct
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Wild Mushroom and Rice	Ancho Chili & Sweet Potato	Indian Potato	Cabbage Carrot Caraway	Curried Lentil and Spinach	Roasted Cauliflower	Lentil Mulligatawny
Turkey Black Bean Chili	Hearty Ham and Bean	Chicken Tortilla	Wild Rice Chicken	Blackened Salmon Chowder	Chicken Noodle w/ Ginger & Leeks	White Bean Chicken Chili
10-Oct	11-Oct	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Tomato Ginger and Leeks	White Cheddar Broccoli	Chunky Potato	Cream of Mushroom	Yellow Split Pea	German Beer and Cheddar	Parmesan Vegetable Noodle
Spicy Thai Basil Chicken	Pork & Cranberry Farro Stew	Bombay Chicken and Vegetable	Bean and Bacon	Curried Salmon Chowder	Beef and Barley	Hearty Beef Chili
17-Oct	18-Oct	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Wild Mushroom and Rice	Ancho Chili & Sweet Potato	Indian Potato	Cabbage Carrot Caraway	Curried Lentil and Spinach	Roasted Cauliflower	Lentil Mulligatawny
Turkey Black Bean Chili	Hearty Ham and Bean	Chicken Tortilla	Wild Rice Chicken	Blackened Salmon Chowder	Chicken Noodle w/ Ginger & Leeks	White Bean Chicken Chili
24-Oct	25-Oct	26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Tomato Ginger and Leeks	White Cheddar Broccoli	Chunky Potato	Cream of Mushroom	Yellow Split Pea	German Beer and Cheddar	Parmesan Vegetable Noodle
Spicy Thai Basil Chicken	Pork & Cranberry Farro Stew	Bombay Chicken and Vegetable	Bean and Bacon	Curried Salmon Chowder	Beef and Barley	Hearty Beef Chili