



Arbor Farms Market

July Soup Schedule

available daily in our Grab 'n Go:

Gazpacho

27-Jun	28-Jun	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
French Lentil Vegetable	Roasted Cauliflower	Indian Spiced Soup	Spanich Vegetable	Cream of Mushroom	Summer Minestrone	Hungarian Green Bean
Mulligatawny	Chicken Barkey	Beef and Vegetable	Bombay Chicken and Vegetable	Curried Salmon Chowder	Turkey Orzo	Polish Sausage and White Bean
4-Jul	5-Jul	6-Jul	7-Jul	8-Jul	9-Jul	10-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Asparagus Bisque	African Peanut Stew	Greek Lemon and Rice	White Cheddar Broccoli	Vegan Black Bean Tortilla	Navy Bean Vegetable	Jarlsberg and Onion
Chicken Rice and Shiitake	Bean and Bacon	Chicken Noodle w/ Ginger & Leeks	Chorizo Black Bean Chili	Blackened Salmon Chowder	Split Pea and Ham	Hearty Beef Chili
11-Jul	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul	17-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Parmesan Vegetable Noodle	Jamaican Spinach	Black Bean	Hot and Sour	Cream of Mushroom	Summer Minestrone	Hungarian Green Bean
Turkey Wild Rice	Sausage and Lentil	Bombay Chicken and Vegetable	Hearty Ham and Bean	Curried Salmon Chowder	Turkey Orzo	Polish Sausage and White Bean
18-Jul	19-Jul	20-Jul	21-Jul	22-Jul	23-Jul	24-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Asparagus Bisque	African Peanut Stew	Greek Lemon and Rice	White Cheddar Broccoli	Vegan Black Bean Tortilla	Navy Bean Vegetable	Jarlsberg and Onion
Chicken Rice and Shiitake	Bean and Bacon	Chicken Noodle w/ Ginger & Leeks	Chorizo Black Bean Chili	Blackened Salmon Chowder	Split Pea and Ham	Hearty Beef Chili
25-Jul	26-Jul	27-Jul	28-Jul	29-Jul	30-Jul	31-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Parmesan Vegetable Noodle	Jamaican Spinach	Black Bean	Hot and Sour	Cream of Mushroom	Summer Minestrone	Hungarian Green Bean
Turkey Wild Rice	Sausage and Lentil	Bombay Chicken and Vegetable	Hearty Ham and Bean	Curried Salmon Chowder	Turkey Orzo	Polish Sausage and White Bean