



community cafe

Name _____

CREATE YOUR OWN SMOOTHIES

- 16 OZ. \$6 24 OZ. \$7.50 Kids 12 OZ. \$5

LIQUID (pick one):

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> Pineapple Juice | <input type="checkbox"/> Almond Milk |
| <input type="checkbox"/> Pnapi-Coconut Jce | <input type="checkbox"/> Oat Milk |
| <input type="checkbox"/> Orange Juice | <input type="checkbox"/> Soy Milk |
| <input type="checkbox"/> Apple Juice | <input type="checkbox"/> Whole Milk |
| <input type="checkbox"/> Coconut Water | <input type="checkbox"/> Skim Milk |

ORGANIC FRUIT:

- | | |
|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Banana | <input type="checkbox"/> Raspberry |
| <input type="checkbox"/> Strawberry | <input type="checkbox"/> Mango |
| <input type="checkbox"/> Blueberry | <input type="checkbox"/> Pineapple |

Et cetera:

- | | |
|--|---|
| <input type="checkbox"/> Organic Spinach | <input type="checkbox"/> Organic Yogurt |
| <input type="checkbox"/> Organic Kale | <input type="checkbox"/> Organic Apple |
| <input type="checkbox"/> Peanut Butter | <input type="checkbox"/> Organic Cucumber |
| <input type="checkbox"/> Honey | <input type="checkbox"/> Chocolate |

EXTRAS (add .50 each):

- | | |
|--|-------------------------------------|
| <input type="checkbox"/> Whey Powder | <input type="checkbox"/> Plain Whey |
| <input type="checkbox"/> Vanilla Whey | <input type="checkbox"/> Flax Seeds |
| <input type="checkbox"/> Superfood | <input type="checkbox"/> Chia Seeds |
| <input type="checkbox"/> Vegan Protein | <input type="checkbox"/> Mint Leaf |
| <input type="checkbox"/> Ginger | <input type="checkbox"/> Matcha |

VEGETABLE JUICE

Size: 12 oz \$6.00 16 oz \$7.50

Base (pick 1-3):

- | | |
|---|--|
| <input type="checkbox"/> Organic Apple | <input type="checkbox"/> Organic Celery |
| <input type="checkbox"/> Organic Carrot | <input type="checkbox"/> Organic Pineapple |
| <input type="checkbox"/> Organic Beet | <input type="checkbox"/> Organic Cuke |

Et Cetera (pick 1-5):

- | | |
|--|---|
| <input type="checkbox"/> Organic Ginger | <input type="checkbox"/> Organic Kale |
| <input type="checkbox"/> Organic Parsley | <input type="checkbox"/> Organic Fennel |
| <input type="checkbox"/> Organic Spinach | <input type="checkbox"/> Mint Leaf |
| <input type="checkbox"/> Organic Lemon | <input type="checkbox"/> Turmeric |



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