



Arbor Farms Kitchen

January Entrees & Salads

Rotating Seasonal Favorites

31-Jan					1-Jan		2-Jan						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
					Almond Crusted Chicken (G-F)	Tuscan Stuffed Peppers							
					Spinach Roasted Red Pepper Gratin	Baked Penne with Cauliflower							
					Wild Rice Stuffing	Rosemary Roasted Potatoes							
3-Jan		4-Jan		5-Jan		6-Jan		7-Jan		8-Jan		9-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Marios Meatloaf	Fish Cakes	Turkey Pot Pie	Smokey Bacon Mac n Cheese							
Vegetable Lasagana	Portobello Parmesan	Vegetarian Breakfast Burritos	Veggie Loaf	Zucchini Fritters	Shiitake and Corn Frittata	Mushroom Bread Pudding							
Wheatberry Spring Salad	Carrot Raisin Salad	Tarragon Chicken Salad	Green Beans with Mushrooms	Roasted Herb Potatoes	Tuscan White Bean Salad	Rstd Cauliflower with Garlic							
10-Jan		11-Jan		12-Jan		13-Jan		14-Jan		15-Jan		16-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Sheperds Pie	Fish Cakes	Almond Crusted Chicken (G-F)	Tuscan Stuffed Peppers							
Vegetable Lasagna	Stuffed Mushroom Gratin	Butternut Hazelnut Lasagna	Veggie Loaf	Stuffed Acorn Squash	Spinach Roasted Red Pepper Gratin	Baked Penne with Cauliflower							
Curried Veggies w/ Lemon Yogurt	Waldorf Salad	Maple Glazed Carrots	Spiced Whipped Sweet Potatoes	Shaved Zucchini Salad	Wild Rice Stuffing	Rosemary Roasted Potatoes							
17-Jan		18-Jan		19-Jan		20-Jan		21-Jan		22-Jan		23-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Marios Meatloaf	Fish Cakes	Turkey Pot Pie	Smokey Bacon Mac n Cheese							
Vegetable Lasagana	Portobello Parmesan	Vegetarian Breakfast Burritos	Veggie Loaf	Zucchini Fritters	Shiitake and Corn Frittata	Mushroom Bread Pudding							
Wheatberry Spring Salad	Carrot Raisin Salad	Tarragon Chicken Salad	Green Beans with Mushrooms	Roasted Herb Potatoes	Tuscan White Bean Salad	Rstd Cauliflower with Garlic							
24-Jan		25-Jan		26-Jan		27-Jan		28-Jan		29-Jan		30-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Sheperds Pie	Fish Cakes	Almond Crusted Chicken (G-F)	Tuscan Stuffed Peppers							
Vegetable Lasagna	Stuffed Mushroom Gratin	Butternut Hazelnut Lasagna	Veggie Loaf	Stuffed Acorn Squash	Spinach Roasted Red Pepper Gratin	Baked Penne w/ Cauliflower							
Curried Veggies w/ Lemon Yogurt	Waldorf Salad	Maple Glazed Carrots	Spiced Whipped Sweet Potatoes	Shaved Zucchini Salad	Wild Rice Stuffing	Rosemary Roasted Potatoes							