



Arbor Farms Kitchen

July Entrees & Salads

Rotating Seasonal Favorites

			1-Jul	2-Jul	3-Jul	4-Jul	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
			Mario's Meatloaf	Fish Cakes	Ginger Lime Chicken Thighs	Tuscan Stuffed Peppers	
			Veggie Loaf	Zucchini Fritters	Rstd Red Pepper & Spinach Gratin	Black Bean Burgers	
			Lemon Bulgur w/ Swt Corn & Basil	Grilled Salmon Salad	Grilled Sweet & Spicy Potato Salad	Old-Fashioned Potato Salad	
5-Jul		6-Jul	7-Jul	8-Jul	9-Jul	10-Jul	11-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Chicken & Apple Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mario's Meatloaf	Fish Cakes	Smokey Bacon Mac n Cheese	Garlic Tomato Burgers	
Vegetable Lasagana	Stuffed Mushroom Gratin	Vegetarian Breakfast Burritos	Veggie Loaf	Zucchini Fritters	Shiitake and Corn Frittata	Curried Coconut Stuffed Peppers	
Wheatberry Spring Salad	Waldorf Salad	Buffalo Chicken Salad	Asian Slaw	Asparagus Caprese Salad	Spring Dijon Pasta	Rstd Cauliflower with Garlic	
12-Jul		13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	18-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Mario's Meatloaf	Fish Cakes	Ginger Lime Chicken Thighs	Tuscan Stuffed Peppers	
Vegetable Lasagna	Rstd Red Pepper Corn Cakes	Zucchini Tomato Casserole	Veggie Loaf	Zucchini Fritters	Rstd Red Pepper & Spinach Gratin	Black Bean Burgers	
Indonesian Rice Salad	Carrot Raisin Salad	Ethiopian Cauliflower	Lemon Bulgur w/ Swt Corn & Basil	Grilled Salmon Salad	Grilled Sweet & Spicy Potato Salad	Old-Fashioned Potato Salad	
19-Jul		20-Jul	21-Jul	22-Jul	23-Jul	24-Jul	25-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Chicken & Apple Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mario's Meatloaf	Fish Cakes	Smokey Bacon Mac n Cheese	Garlic Tomato Burgers	
Vegetable Lasagana	Stuffed Mushroom Gratin	Vegetarian Breakfast Burritos	Veggie Loaf	Zucchini Fritters	Shiitake and Corn Frittata	Curried Coconut Stuffed Peppers	
Wheatberry Spring Salad	Waldorf Salad	Buffalo Chicken Salad	Asian Slaw	Asparagus Caprese Salad	Spring Dijon Pasta	Rstd Cauliflower with Garlic	
26-Jul		27-Jul	28-Jul	29-Jul	30-Jul	31-Jul	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Mario's Meatloaf	Fish Cakes	Ginger Lime Chicken Thighs		
Vegetable Lasagna	Rstd Red Pepper Corn Cakes	Zucchini Tomato Casserole	Veggie Loaf	Zucchini Fritters	Rstd Red Pepper & Spinach Gratin		
Indonesian Rice Salad	Carrot Raisin Salad	Ethiopian Cauliflower	Lemon Bulgur w/ Swt Corn & Basil	Grilled Salmon Salad	Grilled Sweet & Spicy Potato Salad		