



**ORDER**

by Lbs.

**ENTREES**

<b>Turkey Meatloaf</b>	\$7.99/lb	per pound
<b>Grilled Chicken</b>	\$9.99/lb	per pound
<b>Grilled Salmon</b>	\$19.99/lb	per pound
<b>Breaded Chicken Breasts</b>	\$9.99/lb	by each
<b>Sesame Crusted Tofu Cut-lets</b>	\$7.49/lb	by each
<b>Chicken or Turkey Pot Pies</b>	\$8.99	each
<b>Chickpea Walnut Burgers</b>	\$6.99/lb	by each
<b>Vegetable Lasagna</b>	\$6.99/lb	per pound
<b>Salmon Burgers</b>	\$12.99/lb	by each
<b>Steak Quesadillas</b>	\$12.99/lb	by each
<b>Ground Beef Burritos</b>	\$8.99/lb	by each
<b>Macaroni &amp; Cheese</b>	\$5.99/lb	per pound
<b>Tuna Noodle Casserole</b>	\$8.99/lb	per pound
<b>Root Beer Chicken Thighs</b>	\$4.99/lb	per pound
<b>Fish Cakes</b>	\$9.99/lb	by each

EACH

**Dips & Miscellaneous**

<b>Hummus</b>	\$5.99/lb	8 oz.
<b>Smoked Salmon Cream Cheese</b>	\$9.99/lb	8 oz.
<b>Tuscan Cream Cheese</b>	\$7.99/lb	8 oz.
<b>4 Cheese Spinach Artichoke</b>	\$9.99/lb	8 oz.
<b>Black Bean Hummus</b>	\$5.99/lb	8 oz.
<b>Ginger Garlic Tofu</b>	\$6.99/lb	16 oz.
<b>Basil Pesto</b>	\$6.99/	each
<b>Vegan Basil Pesto</b>	\$6.99/	each
<b>Tapenades</b>	\$16.99/lb	4 oz.

EACH

**Puddings**

<b>Vanilla Bean Pudding</b>	\$3.99/each
<b>Dark Chocolate Pudding</b>	\$3.99/each

**ORDER**

by Lbs.

**SALADS**

<b>Broccoli Sunshine</b>	\$7.99/lb
<b>Chicken Salad</b>	\$10.99/lb
<b>Classic Potato Salad</b>	\$5.99/lb
<b>Egg Salad</b>	\$6.99/lb
<b>All Kale, Caesar!</b>	\$8.99/lb
<b>Tempeh "Chicken" Salad</b>	\$8.99/lb
<b>Roasted Brussels Sprouts</b>	\$6.99/lb
<b>Vegan or Bacon Baked Beans</b>	\$6.99/lb
<b>Tuna Salad</b>	\$7.99/lb
<b>Greek Pasta</b>	\$7.99/lb
<b>Summer Caprese Pasta</b>	\$6.99/lb
<b>Summer Orzo Pasta</b>	\$7.99/lb
<b>Coleslaw</b>	\$5.99/lb
<b>Sesame Ginger Green Beans</b>	\$5.99/lb
<b>Almond Dill Chicken Salad</b>	\$9.99/lb
<b>Not Chicken of the Sea</b>	\$6.99/lb

EACH

**Re-Heatables**

<b>Spaghetti with Meat</b>	\$7.99/lb
<b>Grilled Chicken w/ Pesto Quinoa</b>	\$8.99/lb
<b>Creamy Lemon Pasta</b>	\$6.99/lb
<b>Arroz Con Pollo</b>	\$7.99/lb
<b>Chicken Dijonaise</b>	\$7.99/lb
<b>Grilled Steak w/ Veggies</b>	\$10.99/lb
<b>Vegan Mac n Cheese</b>	\$6.99/lb
<b>Fresh Tomato Basil Pasta</b>	\$6.99/lb

EACH

**Rotisserie Chickens (\$7.99)**

<b>Salt &amp; Pepper</b>
<b>Herb</b> (Available 8 AM- 6PM)
<b>Natural</b>