



Arbor Farms

November Soup Schedule

Available Daily in our Take Away: Tomato Basil Vegetable

				1-Nov	2-Nov	3-Nov
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Chicken Noodle	Chicken Noodle	Chicken Noodle
				Bombay Chicken & Veg	Hearty Beef Chili	Turkey & Black Bean Chili
				African Peanut	Chipotle Split Pea	Cabbage, Carrot & Caraway
4-Nov	5-Nov	6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle
Chicken Tortilla	Creamy Fish Chowder	Mushroom Goat Cheese	Beef Barley	White Cheddar Broccoli	Hearty Beef Chili	Turkey & Black Bean Chili
Minestrone	Black Bean	Roasted Veg and Barley	Pumpkin Bisque	Vegan Cream of Mushroom	Vegan Chili	Jamaican Spinach
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle
Roasted Cauliflower	Chicken Wild Rice	Split Pea & Ham	Tomato Dill Cheddar	Bombay Chicken & Veg	Hearty Beef Chili	Turkey & Black Bean Chili
Lentil Mulligatawny	Navy Bean Vegetable	Butternut Parsnip	Spanish Vegetable	African Peanut	Chipotle Split Pea	Cabbage, Carrot & Caraway
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle
Chicken Tortilla	Creamy Fish Chowder	Mushroom Goat Cheese	Beef Barley	White Cheddar Broccoli	Hearty Beef Chili	Turkey & Black Bean Chili
Minestrone	Black Bean	Roasted Veg and Barley	Pumpkin Bisque	Vegan Cream of Mushroom	Vegan Chili	Jamaican Spinach
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov	30-Nov	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	
Roasted Cauliflower	Chicken Wild Rice	Split Pea & Ham	Tomato Dill Cheddar	Bombay Chicken & Veg	Hearty Beef Chili	
Lentil Mulligatawny	Navy Bean Vegetable	Butternut Parsnip	Spanish Vegetable	African Peanut	Chipotle Split Pea	

