



Arbor Farms Kitchen

September Salads and Entrees

Broccoli Sunshine Salad, Vegan/Gluten-free	\$7.99/lb
AFM Chicken Salad, Miller Poultry, NON-GMO	\$10.99/lb
AFM Tuna Salad	\$9.99/lb
Classic Potato Salad, Gluten-free	\$5.99/lb
Quinoa Tabbouleh, Vegan/Gluten-free	\$8.99/lb
Spicy Vietnamese Tofu Salad	\$7.99/lb
Mock Tuna Salad, Vegan/Gluten-free	\$6.99/lb
Egg Salad w/ Spinach & Scallions, Gluten-free	\$6.99/lb
All Kale, Caesar! Salad	\$8.99/lb
Tempeh “Chik ‘n” Salad, Vegan/Gluten-free	\$8.99/lb
AFM Macaroni Salad	\$6.99/lb
AFM Coleslaw, Vegan/Gluten-free	\$5.99/lb
Vegan Baked Beans, Vegan/Gluten-free	\$6.99/lb
Turkey Meat Loaf, Plainville Turkey, NON-GMO	\$7.99/lb
Breaded Chicken Breast, Miller Poultry, NON-GMO	\$9.99/lb
Mario’s Meat Loaf, for the Meat Lovers	\$8.99/lb
Simply Grilled Salmon	\$19.99/lb
Chicken Quesadillas, Miller Poultry, NON-GMO	\$9.99/lb
Chickpea - Walnut Burgers	\$6.99/lb
Sesame-crust Tofu Cutlets	\$5.99/lb
Steak Burritos, Grass-fed Beef	\$8.99/lb
Mario’s Lasagna	\$7.99/lb
Chicken Pot Pies, Miller Poultry, NON-GMO	\$8.99/lb

and many more “Chef’s Choice” daily specials!