



Arbor Farms Market

January Soup Schedule

Available daily in our Grab 'n Go:

Tomato Basil

2-Jan	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan	8-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Potato Lentil with Garam Masala	African Peanut Stew	Cream of Mushroom	Jamaican Spinach	Chunky Potato	Cabbage Carrot Caraway	Corn Chowder with Pablanos
Beef and Barley	Hearty Ham and Bean	Turkey Orzo	Mulligatawny	Curried Salmon Chowder	Blackened Steak and Potato	Hearty Beef Chili
9-Jan	10-Jan	11-Jan	12-Jan	13-Jan	14-Jan	15-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Minestrone	White Cheddar Broccoli	Hot and Sour	Mushroom Barley with Goat Cheese	Spanish Vegetable	Thai Curry Vegetable	Black Bean
Bean and Bacon	Lamb and Lentil	Bombay Chicken and Vegetable	Chorizo Black Bean Chili	Blackened Salmon Chowder	Wild Rice Chicken	Pork and Ale
16-Jan	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan	22-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Potato Lentil with Garam Masala	African Peanut Stew	Cream of Mushroom	Jamaican Spinach	Chunky Potato	Cabbage Carrot Caraway	Corn Chowder with Pablanos
Beef and Barley	Hearty Ham and Bean	Turkey Orzo	Mulligatawny	Curried Salmon Chowder	Blackened Steak and Potato	Hearty Beef Chili
23-Jan	24-Jan	25-Jan	26-Jan	27-Jan	28-Jan	29-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Minestrone	White Cheddar Broccoli	Hot and Sour	Mushroom Barley with Goat Cheese	Spanish Vegetable	Thai Curry Vegetable	Black Bean
Bean and Bacon	Lamb and Lentil	Bombay Chicken and Vegetable	Chorizo Black Bean Chili	Blackened Salmon Chowder	Wild Rice Chicken	Pork and Ale
30-Jan	31-Jan					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Chicken Noodle	Roasted Chicken Noodle					
Potato Lentil with Garam Masala	African Peanut Stew					
Beef and Barley	Hearty Ham and Bean					