Arbor Farms Kitchen

September Entrees & Salads

Rotating Seasonal Favorites

			1-Sep	2-Sep	3-Sep	4-Sep
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
			Marios Meatloaf	Fish Cakes	South American Picadillo Casserole	Tuscan Stuffed Peppers
			Veggie Loaf	Zucchini Fritters	Spinach Roasted Red Pepper Gratin	Tortilla Black Bean Pie
			Imperial Chicken Salad	Spiced Whipped Sweet Potatoes	German Potato Salad	Curried Veggies w/ Lemon Yogurt
5-Sep	6-Sep	7-Sep	8-Sep	9-Sep	10-Sep	11-Sep
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	G-F Almond Breaded Chicken	Fish Cakes	Turkey and Corn Burritos	Smokey Bacon Mac n Cheese
Vegetable Lasagna	Portobella Parmesan	Baked Penne with Cauliflower	Veggie Loaf	Cauliflower Fritters	Mediterranean Frittata	Black Bean Burgers
Wheatberry Spring Salad	Carrot Raisin Salad	Broccoli Chutney	Farro Salad with Arugula	Grilled Salmon Salad	Indonesian Rice	Rstd Cauliflower with Garlic
12-Sep	13-Sep	14-Sep	15-Sep	16-Sep	17-Sep	18-Sep
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Marios Meatloaf	Fish Cakes	South American Picadillo Casserole	Tuscan Stuffed Peppers
Vegetable Lasagna	Roasted Red Pepper Corn Cakes	Curried Coconut Stuffed Peppers	Veggie Loaf	Zucchini Fritters	Spinach Roasted Red Pepper Gratin	Tortilla Black Bean Pie
Green Beans with Mushrooms	Waldorf Salad	Spicy Vietnamese Tofu Salad	Imperial Chicken Salad	Spiced Whipped Sweet Potatoes	German Potato Salad	Curried Veggies w/ Lemon Yogurt
19-Sep	20-Sep	21-Sep	22-Sep	23-Sep	24-Sep	25-Sep
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	G-F Almond Breaded Chicken	Fish Cakes	Turkey and Corn Burritos	Smokey Bacon Mac n Cheese
Vegetable Lasagna	Portobella Parmesan	Baked Penne with Cauliflower	Veggie Loaf	Cauliflower Fritters	Mediterranean Frittata	Black Bean Burgers
Wheatberry Spring Salad	Carrot Raisin Salad	Broccoli Chutney	Farro Salad with Arugula	Grilled Salmon Salad	Indonesian Rice	Rstd Cauliflower with Garlic
26-Sep	27-Sep	28-Sep	29-Sep	30-Sep		
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Marios Meatloaf	Fish Cakes		
Vegetable Lasagna	Roasted Red Pepper Corn Cakes	Curried Coconut Stuffed Peppers	Veggie Loaf	Zucchini Fritters		
Green Beans with Mushrooms	Waldorf Salad	Spicy Vietnamese Tofu Salad	Imperial Chicken Salad	Spiced Whipped Sweet Potatoes		