



Healthy Savings!

Prices effective March 18 - 31

Organic Strawberries, 1# pkg.....	\$4.99	
Organic Blueberries, 6-oz. pkg.....	\$3.49	
Organic Grape Tomatoes, pint pkg.....	2/\$5	
Organic Garnet Yams.....	\$1.69/lb	
Garrett Valley Corned Beef.....	\$9.99/lb	
2.5 – 3# average	While supplies last!	No nitrites or nitrates
Miller Poultry Pick of the Chick...	\$2.69/lb	
Grass-fed Top Sirloin Steaks.....	\$9.99/lb	
Fresh Asparagus.....	\$2.99/lb	
Organic Avocados.....	2/\$4	
Organic Bartlett Pears.....	\$2.49/lb	
Organic Navel Oranges, large 56-cnt.....	3/\$4	
Wild-caught Shrimp, Frzn 1#, EZ Peel Raw/Tail-on, 26-30 cnt.....	\$9.99	
Quinoa Tabbouleh, W-F/G-F & Vegan, crafted in our Kitchen.....	\$8.99/lb	
Pork Baby Back Ribs, Premium, all-natural, 2.5# avg.....	\$4.99/lb	
Aidell's Sausage & Meatballs, assorted Natural 12 oz.....	\$5.99	
Applegate Organic Sunday Bacon & Sugar-free, 8 oz.....	\$9.49	
Thrifty Thursdays Meat Sale, all fresh-cut Beef/Pork/Lamb..	15% off	
Baron de Ley Rioja, 750 ml Spanish Red Wine.....	\$12.99	
Cigar City Jai Alai & assorted 6/12 oz.....	\$9.99	

Celebrating 40 years serving Ann Arbor!

Open 7A-9P daily.



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Simple Mills Almond Crackers , asstd 4.25 oz...	\$3.99
Cadia Organic Olive Oil , 750 ml Extra Virgin.....	\$7.99
Nature's Path Hot Cereals , select 8-cnt pouches.....	2/\$7
Cadia Organic Gelato , assorted 30 oz.....	\$3.99
Celestial Seasonings Tea , assorted varieties, 20-count bags.....	2/\$6
Wolfgang Puck Organic Soup , assorted varieties, 14.5 oz.....	2/\$5
Cadia Organic Pasta Sauce , assorted varieties, 25 oz.....	2/\$5
Ancient Harvest Pasta , W-F/G-F, assorted varieties, 8-9.6 oz.....	2/\$6
Natural Sea Albacore Tuna , Solid White, 5 oz, Salt or N/S.....	2/\$6
Blue Diamond Almond Milk , assorted Refrigerated varieties, 64 oz....	\$3.99
Cadia Organic Veggies , assorted 16 oz. Frozen varieties.....	2/\$5
Cadia Organic Pizzas , assorted Frozen 12-13 oz.....	2/\$10
The Daily Crave Lentil Chips , assorted 4.25 oz.....	\$2.69
Cadia Organic Corn Chips , 5 oz.....	2/\$4
Zevia Teas , assorted varieties, 12 oz.....	4/\$5
Natural Value Bath Tissue , 12-Double Roll pack, 100% Recycled.....	\$7.99
Bach Flower Remedies , entire line.....	20% off
NutriGold Herbs & Supplements , entire line.....	20% off
Trace Minerals Supplements , assorted varieties.....	20% off
Enzymedica Enzymes , entire line.....	20% off
Nature's Way Herbs , entire line.....	20% off
Garden of Life Nutrition , entire line.....	20% off
Solgar Vitamins & Supplements , entire line.....	20% off

fresh. local. organic.

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