



Arbor Farms

August Soup Schedule

1-Aug		2-Aug		3-Aug		4-Aug		5-Aug		6-Aug	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
Wild Rice Chicken		Hearty Beef Chili		Turkey Gumbo		Creamy Fish Chowder		Pork & Ale		Bombay Chicken Vegetable	
Cabbage, Carrot & Caraway		Summer Minestrone		Roasted Cauliflower		SW Corn/Rstd Red Pepper Chowder		French Lentil Vegetable		Indian Potato	
African Peanut Stew		Curry Lentil & Spinach		Greek Lemon & Rice		Spanish Vegetable		Golden Summer		Black Bean	
7-Aug		8-Aug		9-Aug		10-Aug		11-Aug		12-Aug	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
Blackened Salmon Chowder		Sausage & Lentil		New England Clam Chowder		Beef & Vegetable		Chicken Rice Shiitake		Hearty Ham & Bean Chicken Tortilla	
Hungarian Green Bean		White Cheddar Broccoli		Tomato Orange		Ancho Chile Sweet Potato		Spiced Mexican Squash		Tomato Dill w/ White Cheddar Jarlsberg Onion	
Wild Mushroom Rice		Carrot Ginger		Indian Spiced		Lentil		Navy Bean Vegetable		Hot & Sour Moroccan	
14-Aug		15-Aug		16-Aug		17-Aug		18-Aug		19-Aug	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
Chorizo Black Bean Chili		Wild Rice Chicken		Hearty Beef Chili		Turkey Gumbo		Creamy Fish Chowder		Pork & Ale Bombay Chicken Vegetable	
Roasted Vegetable Barley		Cabbage, Carrot & Caraway		Summer Minestrone		Roasted Cauliflower		SW Corn/Rstd Red Pepper Chowder		French Lentil Vegetable Indian Potato	
Jamaican Spinach		African Peanut Stew		Curry Lentil & Spinach		Greek Lemon & Rice		Spanish Vegetable		Golden Summer Black Bean	
21-Aug		22-Aug		23-Aug		24-Aug		25-Aug		26-Aug	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
Blackened Salmon Chowder		Sausage & Lentil		New England Clam Chowder		Beef & Vegetable		Chicken Rice Shiitake		Hearty Ham & Bean Chicken Tortilla	
Hungarian Green Bean		White Cheddar Broccoli		Tomato Orange		Ancho Chile Sweet Potato		Spiced Mexican Squash		Tomato Dill w/ White Cheddar Jarlsberg Onion	
Wild Mushroom Rice		Carrot Ginger		Indian Spiced		Lentil		Navy Bean Vegetable		Hot & Sour Moroccan	
28-Aug		29-Aug		30-Aug		31-Aug					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
Chorizo Black Bean Chili		Wild Rice Chicken		Hearty Beef Chili		Turkey Gumbo					
Roasted Vegetable Barley		Cabbage, Carrot & Caraway		Summer Minestrone		Roasted Cauliflower					
Jamaican Spinach		African Peanut Stew		Curry Lentil & Spinach		Greek Lemon & Rice					