



Arbor Farms January Hot Soup Schedule

**Available Daily in our Grab 'n Go:
Chicken Noodle w/ Ginger, Shiitake & Leek**

1-Jan	2-Jan	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Cauliflower	White Cheddar Broccoli	French Lentil Vegetable	Butternut Parsnip	Hungarian Green Bean	Turkey & Wild Rice	Potato, Jalapeno & Cheese
Turkey Gumbo	Beef & Mushroom Barley	Mulligatawny	Chorizo Black Bean	Manhattan Fish Chowder	Chunky Potato	Guinness Beef
Spanish Vegetable	Navy Bean Vegetable	Cabbage, Carrot & Caraway	Lentil	Yellow Split Pea	Curried Lentil Spinach	Chipotle Split Pea
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan	13-Jan	14-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tomato Dill w/White Cheddar	Ancho Chile Sweet Potato	Mushroom Barley w/Goat Cheese	Jarlsberg Onion	Zucchini Spinach Bisque	SW Corn & Rstd Red Pepper	African Peanut
Loaded Baked Potato	Split Pea w/Ham	Hearty Beef Chili	Polish Sausage White Bean	Curried Salmon Chowder	Chicken Rice & Shiitake	Pork & Ale
Rstd Vegetable Barley	Black Bean	Jamaican Spinach	Vegetarian Chili	Three Bean Moroccan	Carrot Ginger	Indian Spiced
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Cauliflower	White Cheddar Broccoli	French Lentil Vegetable	Butternut Parsnip	Hungarian Green Bean	Turkey & Wild Rice	Potato, Jalapeno & Cheese
Turkey Gumbo	Beef & Mushroom Barley	Mulligatawny	Chorizo Black Bean	Manhattan Fish Chowder	Chunky Potato	Guinness Beef
Spanish Vegetable	Navy Bean Vegetable	Cabbage, Carrot & Caraway	Lentil	Yellow Split Pea	Curried Lentil Spinach	Chipotle Split Pea
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan	27-Jan	28-Jan
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tomato Dill w/White Cheddar	Ancho Chile Sweet Potato	Mushroom Barley w/Goat Cheese	Jarlsberg Onion	Zucchini Spinach Bisque	SW Corn & Rstd Red Pepper	African Peanut
Loaded Baked Potato	Split Pea w/Ham	Hearty Beef Chili	Polish Sausage White Bean	Curried Salmon Chowder	Chicken Rice & Shiitake	Pork & Ale
Rstd Vegetable Barley	Black Bean	Jamaican Spinach	Vegetarian Chili	Three Bean Moroccan	Carrot Ginger	Indian Spiced
29-Jan	30-Jan	31-Jan				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Roasted Cauliflower	White Cheddar Broccoli	French Lentil Vegetable				
Turkey Gumbo	Beef & Mushroom Barley	Mulligatawny				
Spanish Vegetable	Navy Bean Vegetable	Cabbage, Carrot & Caraway				