



# Healthy Savings!

Prices effective April 30 – May 13

<b>Organic Avocados,</b> large 48-count size .....	<b>2/\$4</b>
<b>Organic Blueberries,</b> 6-oz.pkg .....	<b>\$3.99</b>
<b>Organic Strawberries,</b> 1-lb. pkg.....	<b>\$4.99</b>
<b>Miller Poultry Split Breasts.....</b>	<b>\$2.29/lb</b>
<b>Grass-fed New York Strip Steaks..</b>	<b>\$14.99/lb</b>
<b>Organic Asparagus.....</b>	<b>\$3.99/lb</b>
<b>Organic Mangos.....</b>	<b>2/\$3</b>
<b>Organic Limes,</b> large 36-count.....	<b>5/\$5</b>
<b>Organic Cucumbers,</b> each.....	<b>2/\$3</b>
<b>Organic Vidalia Onions,</b> First of the season.....	<b>\$1.59/lb</b>
<b>Ruby Trout Fillets,</b> farm-raised, Canada.....	<b>\$11.99/lb</b>
<b>Big Fork Bacon Sausages,</b> assorted varieties, 12 oz.....	<b>\$6.99</b>
<b>Organic Prairie Lunch Meat,</b> assorted 6 oz.....	<b>\$7.49</b>
<b>Pork Baby Back Ribs,</b> Premium, all-natural.....	<b>\$4.99/lb</b>
<b>Thrifty Thursdays Meat Sale,</b> all fresh-cut Beef/Pork/Lamb..	<b>15% off</b>
<b>Grilled Asparagus Pesto Pasta,</b> crafted in our Kitchen.....	<b>\$6.99/lb</b>
<b>Lemon-Bulgur Salad</b> w/ Sweet Corn & Basil, crafted in our Kitchen..	<b>\$5.99/lb</b>
<b>Flax for Life Muffins,</b> assorted 4-cnt/14 oz.....	<b>\$5.99</b>
<b>Carne Humana White Wine,</b> Napa Valley Blend, 750 ml.....	<b>\$8.99</b>
<b>New Holland the Poet Stout,</b> & select 6/12 oz.....	<b>\$8.99</b>

**fresh. local. organic.**

*Open 7A-9P daily.*



# Healthy Savings!

Prices effective April 30 – May 27

<b>Maple Hill Organic Yogurt</b> , 6 oz, 100% grass-fed.....	<b>3/\$4</b>
<b>Uncle Matt's Organic Orange Juice</b> asstd 59 oz.	<b>\$5.99</b>
<b>Nature's Path Organic Cereal</b> , assorted 14-20 oz.....	<b>2/\$7</b>
<b>Santa Cruz Organic Lemonade</b> , select 32 oz.....	<b>2/\$4</b>
<b>Cadia Organic Mustards</b> , 8-9 oz, includes 24 oz Ketchup...	<b>2/\$5</b>
<b>Back to Nature Crackers</b> , select 4-85 oz,.....	<b>2/\$7</b>
<b>Tinkyada Organic Brown Rice Pasta</b> , assorted 12 oz.....	<b>2/\$6</b>
<b>Green &amp; Black's Organic Chocolate Bars</b> , assorted 3.5 oz.....	<b>2/\$7</b>
<b>Mi-Del Cookie Snaps</b> , assorted 8-10 oz.....	<b>\$3.49</b>
<b>Bear Yo-Yo Fruit Rolls</b> , assorted 3.5 oz.....	<b>2/\$7</b>
<b>Honest Tea</b> , assorted 16 oz.....	<b>4/\$5</b>
<b>Hydrate Alkaline Water</b> , gallon.....	<b>2/\$7</b>
<b>Good Health Avocado Oil Potato Chips</b> , assorted 5 oz.....	<b>2/\$5</b>
<b>Tandoor Chef Naan Pizzas</b> , assorted 7.4-8.8 oz.....	<b>2/\$5</b>
<b>Arctic Zero Frozen Dessert</b> , assorted pints.....	<b>\$3.49</b>
<b>Cadia Laundry Detergent</b> , 100 oz. liquids.....	<b>\$8.99</b>
<b>Earth Friendly Household Cleaners</b> , select 22-24 oz.....	<b>2/\$6</b>
<b>EO Everyone Soaps &amp; Lotions</b> , assorted 32 oz.....	<b>\$7.99</b>
<b>Alba Botanica Sun Care</b> , assorted 4-8 oz.....	<b>\$9.99</b>
<b>Nature's Gate Shampoo &amp; Conditioner</b> , assorted 18 oz.....	<b>\$5.99</b>
<b>KAL Vitamins &amp; Supplements</b> , entire line.....	<b>20% off</b>
<b>Enzymedica Digestive Support</b> , entire line.....	<b>20% off</b>
<b>Wishgarden Herbal Tinctures</b> , entire line.....	<b>20% off</b>
<b>Boiron Allergy Care</b> , select varieties.....	<b>20% off</b>

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