



Arbor Farms July Soup Schedule

2-Jul	3-Jul	4-Jul	5-Jul	6-Jul	7-Jul	8-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Torilla	Guinness Beef Stew	Chicken Rice Shitake	Polish Sausage & White Bean	Curried Salmon	Chorizio & Black Bean	Beef Veggie
French Lentil Vegetable	Hungarian Green Bean	Mushroom Barley w/ Goat Cheese	Ethiopian Carrot and Cauliflower	White Cheddar Broccoli	Zucchini Spinach Bisque	Roasted Cauliflower
Indian Spiced	Lentil Mulligatawny	Golden Summer	Smokey Lentil	Spanish Vegetable	Cabbage Carrot Caraway	Chickpea Verde Vegetable
9-Jul	10-Jul	11-Jul	12-Jul	13-Jul	14-Jul	15-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jambalaya	Hearty Ham & Bean	Mulligatawny	Lamb & Lenil	Manhattan Fish Chowder	Pork & Ale	Beef & Mushroom Barley
Asparagus Bisque	Curried Carrot	Thai Curry Vegetable	Jarlsberg & Onion	Wild Rice Asparagus	SW Corn/Rstd Red Pppr Chwdr	Tomato, Ginger & Leek
3 Bean Moroccan	Navy Bean Vegetable	Summer Minestrone	Mushroom Barley	Curried French Lentil	Vegan Cornucopia	Spicy Black Bean
16-Jul	17-Jul	18-Jul	19-Jul	20-Jul	21-Jul	22-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Torilla	Guinness Beef Stew	Chicken Rice Shitake	Polish Sausage & White Bean	Curried Salmon	Chorizio & Black Bean	Beef Veggie
French Lentil Vegetable	Hungarian Green Bean	Mushroom Barley w/ Goat Cheese	Ethiopian Carrot and Cauliflower	White Cheddar Broccoli	Zucchini Spinach Bisque	Roasted Cauliflower
Indian Spiced	Lentil Mulligatawny	Golden Summer	Smokey Lentil	Spanish Vegetable	Cabbage Carrot Caraway	Chickpea Verde Vegetable
23-Jul	24-Jul	25-Jul	26-Jul	27-Jul	28-Jul	29-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jambalaya	Hearty Ham & Bean	Mulligatawny	Lamb & Lenil	Manhattan Fish Chowder	Pork & Ale	Beef & Mushroom Barley
Asparagus Bisque	Curried Carrot	Thai Curry Vegetable	Jarlsberg & Onion	Wild Rice Asparagus	SW Corn/Rstd Red Pppr Chwdr	Tomato, Ginger & Leek
3 Bean Moroccan	Navy Bean Vegetable	Summer Minestrone	Mushroom Barley	Curried French Lentil	Vegan Cornucopia	Spicy Black Bean
30-Jul	31-Jul					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Torilla	Guinness Beef Stew					
French Lentil Vegetable	Hungarian Green Bean					
Indian Spiced	Lentil Mulligatawny					