



# Arbor Farms September Soup Schedule

				1-Sep	2-Sep	3-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Curried Salmon Chowder	Hearty Beef Chili	Chicken & Barley
				Jamaican Spinach	Cheddar Ale	Tomato, Ginger & Leek
				Wild Rice Asparagus	Spanish Vegetable	Lentil Mulligatawny
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep	9-Sep	10-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Fully Loaded Baked Potato	Wild Rice Chicken	Polish Sausage & White Bean	Cabbage & Kale	Mulligatawny	Hearty Beef Chili	Pork & Ale
French Lentil Vegetable	Crmlzd Onion & Sweet Potato	Cream of Mushroom	Sweet & Spicy Pumpkin	Roasted Cauliflower	Jarlsberg Onion	Zucchini Spinach Bisque
Golden Summer	3 Bean Moroccan	Yellow Split Pea	Rstd Vegetable Barley	Wild Mushroom Rice	Black Bean	Cabbage, Carrot & Caraway
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep	16-Sep	17-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Shrimp & Chicken Gumbo	Lamb & Lentil	Chicken, Rice & Shiitake	Guinness Beef Stew	Curried Salmon Chowder	Hearty Beef Chili	Chicken & Barley
S'west Corn & Rstd Red Pepper	Chipotle Split Pea	Chunky Potato	White Cheddar Broccoli	Jamaican Spinach	Cheddar Ale	Tomato, Ginger & Leek
African Peanut	Butternut Apple	Minestrone	Navy Bean Vegetable	Wild Rice Asparagus	Spanish Vegetable	Lentil Mulligatawny
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep	23-Sep	24-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Fully Loaded Baked Potato	Wild Rice Chicken	Polish Sausage & White Bean	Cabbage & Kale	Mulligatawny	Hearty Beef Chili	Pork & Ale
French Lentil Vegetable	Crmlzd Onion & Sweet Potato	Cream of Mushroom	Sweet & Spicy Pumpkin	Roasted Cauliflower	Jarlsberg Onion	Zucchini Spinach Bisque
Golden Summer	3 Bean Moroccan	Yellow Split Pea	Rstd Vegetable Barley	Wild Mushroom Rice	Black Bean	Cabbage, Carrot & Caraway
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep	30-Sep	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Shrimp & Chicken Gumbo	Lamb & Lentil	Chicken, Rice & Shiitake	Guinness Beef Stew	Curried Salmon Chowder	Hearty Beef Chili	
S'west Corn & Rstd Red Pepper	Chipotle Split Pea	Chunky Potato	White Cheddar Broccoli	Jamaican Spinach	Cheddar Ale	
African Peanut	Butternut Apple	Minestrone	Navy Bean Vegetable	Wild Rice Asparagus	Spanish Vegetable	

