



Healthy Savings!

Prices effective October 1 - 14

Michigan Organic Apple Cider	64 oz..	\$4.99
Michigan Organic Broccoli	\$2.99/lb
Organic Avocados	large 48 count size	2/\$5
Organic Honeycrisp Apples	\$3.99/lb
Miller Poultry Split Breasts	\$2.49/lb
Grass-fed Beef Sirloin Tip Roast	..	\$7.49/lb
Organic Hard Squash	Acorn/Butternut/Spaghetti...	\$.99/lb
Organic Raspberries	6-oz. pkg	\$3.99
Organic Seedless Grapes	Red or White	\$2.99/lb
Organic Cauliflower	\$2.99/lb
Organic Gala Apples	3# bag, Lunch Box size	\$3.99
Organic Bartlett Pears	\$2.49/lb
Sockeye Salmon Fillets	Wild-caught, Alaska/ prvsly. frozen...	\$15.99/lb
Pork Sirloin Roast	Michigan pork, humane-certified.....	\$3.49/lb
Big Fork Bacon Sausages	assorted 12 oz.....	\$7.49
Organic Valley Lunch Meat	assorted 6 oz.....	\$7.49
Butternut-Hazelnut Lasagna	crafted in our Kitchen.....	\$8.99/lb
Caramel-Pecan Cheese Dip	house-made/in our Takeaway...	\$8.99/lb
Bastide Miraflores Rhone Wine	750 ml Rouge	\$12.99
Founder's All-Day I.P.A.	& assorted 6/12 oz.....	\$8.99

fresh. local. organic.

Open 7A-9P daily.



Healthy Savings!

Prices effective October 1 - 28

Brown Cow Whole Milk Yogurt , asstd 5.3 oz.....	5/\$5
Cadia Organic Pasta Sauce , assorted 25 oz.....	2/\$5
Blue Diamond Almond Milk , assorted 64 oz.....	\$3.99
Simple Mills Almond Crackers , assorted 4-4.5 oz.....	2/\$6
Imagine Organic Broths , assorted 32 oz.....	2/\$6
Napa Valley Avocado Oil , 750 ml.....	\$9.99
Celestial Seasonings Herbal Teas , assorted 20-cnt bags.....	2/\$5
Nature's Path Eco-Pac Cereals , assorted 22.9-32 oz.....	\$6.99
Farmer's Market Organic Pumpkin , 15 oz.....	\$2.29
Knudsen's Harvest Sparkling Juices , select 25.4 oz.....	2/\$6
Cadia Sparkling Italian Sodas , assorted 25.4 oz.....	2/\$6
Luke's Organic Potato Chips , assorted 4-4.5 oz.....	2/\$5
Lundberg Rice Chips , assorted 5 oz.....	2/\$5
Rumiano Organic Cheese Bars , assorted 8 oz.....	\$4.99
Alexia Oven Potatoes , select 15-19 oz, frozen.....	2/\$6
Nature's Path Organic Waffles , frozen 7.4 oz.....	2/\$6
Ecos Laundry Detergent , assorted 100 oz liquids.....	\$9.99
EO Everyone Body Care , entire line.....	25% off
Pacifica Beauty Care , entire line.....	20% off
Carlson Fish Oils , entire line.....	20% off
Lifetime Vitamins & Supplements , entire line.....	20% off
Nature's Way Umcka & Sambucus Cold Care	20% off
Solgar Vitamins & Supplements , entire line.....	20% off
Now Brand Vitamins & Herbs , entire line.....	20% off

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