

# 2018 Organic Produce CSA



## Homer Organic Family Farms



### Our Farming Practices

Our farming practices will take you back to the 1930's. Our fields are plowed and worked with horses. Our large families provide many hands to do the hoeing and many other tasks that can only be done by hand. Food that was raised in the 1930's had much better flavor and many more nutrients because farmers were not dependent on the chemicals, pesticides and GMO seeds that most farms use today. Food that has been organically grown doesn't just taste better, but it's also better for you!

We want you to enjoy better health. It is important to know where our food is coming from. Everyone needs a farmer. **Who or where is your farmer?**

### About Us

We farmers (there are now seven participating farmers in our Homer Community) have been raising produce for several years, providing fresh vegetables for Farmers Markets and several of the Ann Arbor food stores. In 2008, we decided to begin a farm share program (CSA). Being a farm share member connects you directly to the farm your food is coming from. We usually offer a couple farm visits during the summer months. A farm visit will not only acquaint you with our farming community, but also offers a glimpse of the efforts made to provide you with good, clean, wholesome food.

We, being of the Amish faith, do not have phones, computers or email, so our communication needs to be by mail, at the farmers markets or through our friends at Arbor Farms. Of course, you are always welcome to come out to our farms.

We welcome you for a farm visit!

### What is a CSA Program?

By subscribing to a CSA you are investing in a share of the farmer's harvest. The CSA farm share program then provides you with fresh vegetables every week. The early harvest begins May 30th, continues throughout the summer, and ends October 13th (for a total of 20 weeks).

Not only are subscribers getting the freshest food, but they are also showing their support for the small farmer. The program works well for the farmers and members both. The farmer can plan how much to grow. The member knows they have a box of vegetables coming every week. It makes shopping quite simple. It broadens your eating habits, as you will try new things you've never had before. It can challenge the cook. A seed catalog to us is like a cookbook to you. Sometimes we like to try new items. So be our guest and enjoy the food.

### What might I see in my weekly box?

#### Early Season: June

Asparagus  
Leaf Lettuce  
Swiss Chard  
Sunchoke  
Kale varieties  
Collards  
Zucchini and Summer Squash  
Peas: Snap and Snow  
Asian Greens

#### Summer Season: July/August

Lettuce Broccoli Cabbage  
Radishes Beans Bell Peppers  
Rhubarb Cucumbers Hot Peppers  
Strawberries Zucchini Carrots  
Peas Tomatoes Sweet Potatoes  
Basil Potatoes Cantaloupe  
Green Onions Sweet Corn Onions  
Swiss Chard Summer Squash Egg Plant  
Asparagus Beets Garlic

#### Late Season: September/October

Remaining summer crops,  
Red Peppers  
Hard Squash  
Pumpkin  
Watermelon  
Spinach  
Cauliflower  
Late Greens  
And wrapping up the garden.



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**Duration: 20 weeks/  
May 30 - October 13**

**Cost: \$400**

**Share Size: 1/2 Bushel box**  
(2-person size, about 9-10 lbs  
will vary w/ seasonal contents)

## Subscriber Information

Name(s) \_\_\_\_\_

Phone # \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

City/Zip \_\_\_\_\_

E-mail \_\_\_\_\_

**Choose your Pickup Time:** (circle one)

**Wednesdays @ 7:30AM**    or    **Thursdays @ 2:30PM**    or    **Saturdays @ 7:30AM**

Picking up your box within one hour of designated time will yield the freshest produce. All pickups will take place in a designated area in front of Arbor Farms, outside the store and under our canopy to protect from the elements as much as possible. **You will be able to park, pick up your box, and be on your way in as little as 60 seconds!** Please note that boxes not picked up within 36 hours will be donated to Food Gatherers.

**Choose your Payment Schedule:** (circle one)

\$400 paid in full

\$200 now, remaining \$200 by May 28th

fresh. local. organic.



**ARBOR FARMS  
MARKET**