



# Healthy Savings!

Prices effective October 2 - 15

<b>Michigan Organic Apple Cider</b> 64 oz..	<b>\$4.99</b>
<b>Michigan Organic Apples</b> assorted....	<b>\$2.49/lb</b>
<b>Organic Hard Squash</b> Acorn/Butternut/Spaghetti.	<b>\$.99/lb</b>
<b>Organic Fuji Apples</b> .....	<b>\$2.49/lb</b>
<b>Miller Split Chicken Breasts</b> .....	<b>\$2.19/lb</b>
<b>Grass-fed Sirloin Tip Roasts</b> .....	<b>\$5.99/lb</b>
<b>Michigan Honeycrisp Apples</b> .....	<b>\$2.99/lb</b>
<b>Organic Bartlett Pears</b> .....	<b>\$2.49/lb</b>
<b>Organic Seedless Grapes</b> , Red or White.....	<b>\$2.99/lb</b>
<b>Organic Celery</b> .....	<b>\$.99/lb</b>
<b>Fall Hardy Mums</b> and Asters, 9" pot, Michigan.....	<b>\$6.99</b>
<b>Ruby Trout Fillets</b> , farm-raised USA.....	<b>\$9.99/lb</b>
<b>Pork Spare Ribs</b> , premium, all-natural.....	<b>\$3.49/lb</b>
<b>Applegate Organic Sausages</b> , assorted 12 oz.....	<b>\$8.99</b>
<b>Applegate Pepperoni</b> , 4 oz. sliced, Turkey or Pork.....	<b>\$4.99</b>
<b>Flax for Life Muffins</b> , assorted 14 oz.....	<b>\$5.99</b>
<b>Quinoa w/ Roasted Veggies</b> , crafted in our Kitchen.....	<b>\$6.99/lb</b>
<b>Pasta w/ Pumpkin Alfredo</b> , in our Takeaway.....	<b>\$6.99/lb</b>
<b>3 Messes Basses Rouge</b> , 750 ml. includes Blanc, Rose' .....	<b>\$9.99</b>
<b>New Holland The Poet Stout</b> & assorted 6/12 oz.....	<b>\$8.99</b>

**fresh. local. organic.**

*Open 7A-9P daily.*



# Healthy Savings!

Prices effective October 2 - 29

<b>Imagine Organic Broths,</b> assorted 32 oz.....	<b>2/\$6</b>
<b>Brown Cow Whole Milk Yogurt,</b> asstd 5.3 oz.....	<b>\$.99</b>
<b>Cadia Organic Pasta Sauce,</b> assorted 25 oz.....	<b>2/\$5</b>
<b>Dagoba Organic Chocolate Bars,</b> assorted 2 oz.....	<b>2/\$4</b>
<b>Cadia Organic Crackers,</b> assorted 5.5-10 oz.....	<b>2/\$6</b>
<b>Napa Valley Organic Olive Oil,</b> 25 oz.....	<b>\$11.99</b>
<b>Cadia Sparkling Italian Soda,</b> assorted 25.4 oz.....	<b>2/\$6</b>
<b>Cadia Organic Beans,</b> assorted 15-16 oz.....	<b>3/\$5</b>
<b>Farmer's Market Organic Pumpkin,</b> 15 oz.....	<b>\$2.29</b>
<b>Heavenly Organics Chocolate Patties,</b> assorted 3-packs.....	<b>4/\$5</b>
<b>Knudsen's Harvest Sparkling Juices,</b> select 25.4 oz.....	<b>2/\$7</b>
<b>Hydrate Alkaline Water,</b> gallons.....	<b>2/\$6</b>
<b>Barbara's Cheese Puffs,</b> assorted 5.5 oz.....	<b>2/\$5</b>
<b>Dr. Praeger's Veggie Burgers,</b> frozen 10 oz.....	<b>\$3.99</b>
<b>Bold Gluten-Free Pizzas,</b> frozen 11.9-13 oz.....	<b>\$6.99</b>
<b>G.H. Cretors Chicago Snack Mix,</b> 7.5 oz.....	<b>2/\$5</b>
<b>Ecos Laundry Detergent,</b> assorted 100 oz liquids.....	<b>\$9.99</b>
<b>EO Everyone Body Care,</b> entire line.....	<b>20% off</b>
<b>Avalon Organics Beauty Care,</b> entire line.....	<b>20% off</b>
<b>Aura Cacia Essential Oils,</b> entire line.....	<b>20% off</b>
<b>KAL Vitamins &amp; Supplements,</b> entire line .....	<b>20% off</b>
<b>Nature's Way Umcka &amp; Sambucus Cold Care,</b> entire line	<b>20% off</b>
<b>Solgar Vitamins &amp; Supplements,</b> entire line.....	<b>20% off</b>
<b>Now Foods Vitamins &amp; Herbs,</b> entire line.....	<b>20% off</b>

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