



# Healthy Savings!

Prices effective March 5 - 18

<b>Organic Raspberries,</b> 6-oz. pkg.....	<b>\$3.99</b>
<b>Organic Blueberries,</b> Pint pkg.....	<b>\$4.99</b>
<b>Organic Strawberries,</b> 1-lb. pkg.....	<b>\$4.99</b>
<b>Miller Poultry Split Breasts</b> .....	<b>\$2.29/lb</b>
<b>Grass-fed Beef Rib-Eye Steaks</b> <small>Bone-in</small>	<b>\$13.99/lb</b>
<b>Organic Broccoli</b> .....	<b>\$1.99/lb</b>
<b>Organic Cabbage</b> .....	<b>\$.99/lb</b>
<b>Organic Grape Tomatoes,</b> pint pkg.....	<b>\$2.99</b>
<b>Organic Asparagus</b> .....	<b>\$3.99/lb</b>
<b>Organic Lemons,</b> each.....	<b>\$.99</b>
<b>Organic Bartlett Pears</b> .....	<b>\$1.99/lb</b>
<b>Fjord Sea Trout Fillets,</b> farm-raised, Norway.....	<b>\$15.99/lb</b>
<b>Pork Loin Chops,</b> <small>Boneless Top/Thin or Butterfly, Humane-certified...</small>	<b>\$6.49/lb</b>
<b>Organic Prairie Bacon,</b> 8 oz.....	<b>\$8.99</b>
<b>Miller Chicken Sausages,</b> assorted 11 oz.....	<b>\$5.99</b>
<b>Corned Beef &amp; Cabbage Soup,</b> crafted in our Kitchen.....	<b>\$4.99/lb</b>
<b>Chicken &amp; Tarragon Salad,</b> crafted in our Kitchen.....	<b>\$9.99/lb</b>
<b>Peach &amp; Honey Cake Bars,</b> asstd. 8-cnt/ 12 oz pkg.....	<b>\$8.99</b>
<b>Cerro Rosso de Montepulciano,</b> 750 ml.....	<b>\$13.99</b>
<b>Lagunitas Little Sumpin' Ale.</b> & select 6/12 oz.....	<b>\$9.99</b>

**fresh. local. organic.**

*Open 7A-9P daily.*



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Prices effective March 5 – April 1

<b>Brown Cow Whole-Milk Yogurt,</b> asstd 5.3 oz.....	<b>5/\$5</b>
<b>Cadia Organic Pasta Sauce,</b> assorted varieties, 25 oz.....	<b>2/\$6</b>
<b>Simple Mills Almond Crackers,</b> assorted 4.25 oz....	<b>\$3.99</b>
<b>Napa Valley Organic Olive Oil,</b> 25.4 oz.....	<b>\$11.99</b>
<b>Cadia Pizzas,</b> assorted 12-13 oz, frozen.....	<b>2/\$10</b>
<b>Muir Glen Organic Tomatoes,</b> assorted 28 oz,.....	<b>2/\$5</b>
<b>King Arthur All-Purpose Flour,</b> 5# Bag, Unbleached White.....	<b>\$4.99</b>
<b>Wholesome Organic Sugar,</b> 32 oz., Fair-Trade.....	<b>\$4.99</b>
<b>Natural Sea Albacore Tuna,</b> 5 oz.....	<b>2/\$6</b>
<b>Clif Builder Bars,</b> assorted 2.4 oz.....	<b>3/\$5</b>
<b>Koyo Ramen,</b> assorted 2 oz.....	<b>5/\$5</b>
<b>Cascade Ice Organic Sparkling Water,</b> assorted 8/12 oz.....	<b>\$3.99</b>
<b>Brew Dr. Kombucha,</b> assorted 14 oz.....	<b>\$2.99</b>
<b>The Daily Crave Quinoa Chips,</b> 5 oz, includes Lentil.....	<b>\$2.99</b>
<b>Good Health Potato Chips,</b> Olive Oil varieties, 5 oz.....	<b>2/\$4</b>
<b>Green Forest Bath Tissue,</b> 12-count Double Rolls.....	<b>\$9.99</b>
<b>Pacifica Facial Care,</b> entire line.....	<b>20% off</b>
<b>Naturtint Hair Colors,</b> assorted .....	<b>\$12.99</b>
<b>Acure Skin Care,</b> entire line.....	<b>20% off</b>
<b>Organic India Herbs,</b> assorted varieties.....	<b>20% off</b>
<b>Wishgarden Herbal Tinctures,</b> entire line.....	<b>20% off</b>
<b>Bach Flower Essences,</b> entire line.....	<b>20% off</b>
<b>Nature's Way Herbs &amp; Supplements,</b> entire line.....	<b>20% off</b>
<b>Jarrow Dietary Supplements,</b> entire line.....	<b>20% off</b>

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