



# Healthy Savings!

Prices effective July 9 - July 15

<b>Organic Blueberries,</b> 6-oz. pkg.....	<b>2/\$6</b>
<b>Organic Strawberries,</b> 1-lb. pkg.....	<b>\$3.99</b>
<b>Organic Cherries.....</b>	<b>\$5.99/lb</b>
<b>Miller Poultry Split Fryers.....</b>	<b>\$1.99/lb</b>
<b>Grass-fed Rib-Eye Steaks,</b> bone-in.....	<b>\$13.99/lb</b>
<b>Organic Raspberries,</b> 6-oz. pkg.....	<b>\$3.99</b>
<b>Organic Plums,</b> Red or Black.....	<b>\$2.99/lb</b>
<b>Organic Broccoli.....</b>	<b>\$2.49/lb</b>
<b>Organic Zucchini.....</b>	<b>\$1.99/lb</b>
<b>Organic Grape Tomatoes,</b> pint pkg.....	<b>2/\$6</b>
<b>Wild-caught Keta Salmon Fillets,</b> Yukon River, Alaska..	<b>\$14.99/lb</b>
<b>Organic Valley Lunch Meat,</b> 6 oz., sliced.....	<b>\$7.49</b>
<b>Big Fork Bacon Sausages,</b> assorted 12 oz.....	<b>\$7.49</b>
<b>Pork Spare Ribs,</b> Premium, all-natural.....	<b>\$3.49/lb</b>
<b>Thrifty Thursdays Meat Sale,</b> all fresh-cut Beef/Pork/Lamb..	<b>15% off</b>
<b>Arbor Farms Macaroni Salad,</b> crafted in our Kitchen.....	<b>\$4.99/lb</b>
<b>Spicy Gazpacho Soup,</b> crafted in our Kitchen.....	<b>\$4.49/lb</b>
<b>Norwegian Jarlsberg Cheese,</b> in our Cheese Dept.....	<b>\$10.99/lb</b>
<b>Elicio Rose',</b> 750 ml.....	<b>\$11.99</b>
<b>Greenbush Dunegras I.P.A. &amp; select 6/12 oz.....</b>	<b>\$9.99</b>

**fresh. local. organic.**

*Open 7A-9P daily.*



# Healthy Savings!

Prices effective July 9 – July 29

<b>Cadia Organic Fruits</b> , assorted frozen varieties, 10 oz.....	<b>2/\$7</b>
<b>Santa Cruz Organic Lemonade</b> , select 32 oz.....	<b>2/\$4</b>
<b>Spectrum Organic Olive Oil</b> , Extra Virgin 25.4 oz...	<b>\$9.99</b>
<b>Humm Kombucha</b> , assorted varieties, 14 oz.....	<b>2/\$5</b>
<b>Cadia Organic Granolas</b> , assorted 11-13 oz.....	<b>2/\$6</b>
<b>Bear Yo-Yo's Organic Fruit Roll-Ups</b> , assorted 3.5 oz.....	<b>2/\$7</b>
<b>Blue Diamond Almond Thins</b> , select 4.25 oz.....	<b>2/\$6</b>
<b>Rx Nutrition Bars</b> , assorted 1.8 oz.....	<b>2/\$4</b>
<b>Muir Glen Organic Salsa</b> , assorted 16 oz.....	<b>\$2.99</b>
<b>The Real Coconut Tortilla Chips</b> , assorted 5.5 oz.....	<b>\$3.59</b>
<b>Sage Valley Organic Corn Chips</b> , assorted 9 oz.....	<b>2/\$5</b>
<b>Penta Water</b> , 33.8 oz.....	<b>2/\$4</b>
<b>Cascade Ice Organic Sparkling Water</b> , assorted 17.2 oz.....	<b>5/\$5</b>
<b>Lightlife Tofu Dogs and Sausages</b> , select varieties, 12-13.5 oz.....	<b>\$3.99</b>
<b>Organic Valley Cottage Cheese</b> , 2% or 4%, 16 oz.....	<b>\$3.49</b>
<b>Halo Top Ice Cream</b> , assorted pints.....	<b>\$4.99</b>
<b>Ecos Laundry Detergent</b> , assorted 100 oz. liquids.....	<b>\$9.99</b>
<b>Aubrey Hair Care</b> , entire line.....	<b>20% off</b>
<b>Reviva Skin Care</b> , entire line.....	<b>20% off</b>
<b>Macrolife Proteins</b> , entire line.....	<b>20% off</b>
<b>Enzymedica Digestive Aids</b> , entire line.....	<b>20% off</b>
<b>Lily of the Desert Aloe Vera</b> , entire line.....	<b>25% off</b>
<b>Boiron Ointments &amp; Gels</b> , select varieties.....	<b>25% off</b>
<b>NOW Foods Herbs &amp; Supplements</b> , entire line.....	<b>20% off</b>

**fresh. local. organic.**

*Open 7A-9P daily.*