



Arbor Farms

July Soup Schedule

					1-Jul	2-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					Beef Mushroom & Barley	Chicken Tortilla
					Tomato Ginger & Leek	French Lentil Vegetable
					Spicy Blk Bean Cauliflower	Indian Spiced Sweet Potato
3-Jul	4-Jul	5-Jul	6-Jul	7-Jul	8-Jul	9-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Guinness Beef Stew	Pork & Ale	Chicken Rice Shiitake	Polish Sausage & White Bean	Blackened Salmon Chowder	Spicy Thai Basil Chicken	Beef & Vegetable
Hungarian Green Bean	Southwest Corn Chowder	Mushroom Barley w/ Goat Cheese	Ethiopian Carrot & Cauliflower	White Cheddar Broccoli	Parmesan Veg Noodle	Roasted Cauliflower
Lentil Mulligatawny	Vegan Cornicopia Chili	Golden Summer Minestrone	Smokey Lentil	Spanish Vegetable	Cabbage Carrot Caraway	Chickpea Verde Chili
10-Jul	11-Jul	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jambalaya	Hearty Ham & Bean	Mulligatawny	Lamb and Lentil	Manhattan Fish Chowder	Beef & Mushroom Barley	Chicken Tortilla
Asparagus Bisque	Curried Carrot	Thai Curry Vegetable	Jarlsberg & Onion	Wild Rice Asparagus	Tomato Ginger & Leek	French Lentil Vegetable
3 Bean Moroccan	Navy Bean Vegetable	Summer Minestrone	Mushroom Barley	Curried French Lentil	Spicy Black Bean	Indian Spiced
17-Jul	18-Jul	19-Jul	20-Jul	21-Jul	22-Jul	23-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Guinness Beef Stew	Pork & Ale	Chicken Rice Shiitake	Polish Sausage & White Bean	Blackened Salmon Chowder	Spicy Thai Basil Chicken	Beef & Vegetable
Hungarian Green Bean	Southwest Corn Chowder	Mushroom Barley w/ Goat Cheese	Ethiopian Carrot & Cauliflower	White Cheddar Broccoli	Parmesan Veg Noodle	Roasted Cauliflower
Lentil Mulligatawny	Vegan Cornicopia Chili	Golden Summer Minestrone	Smokey Lentil	Spanish Vegetable	Cabbage Carrot Caraway	Chickpea Verde Chili
24-Jul	25-Jul	26-Jul	27-Jul	28-Jul	29-Jul	30-Jul
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jambalaya	Hearty Ham & Bean	Mulligatawny	Lamb and Lentil	Manhattan Fish Chowder	Beef & Mushroom Barley	Chicken Tortilla
Asparagus Bisque	Curried Carrot	Thai Curry Vegetable	Jarlsberg & Onion	Wild Rice Asparagus	Tomato Ginger & Leek	French Lentil Vegetable
3 Bean Moroccan	Navy Bean Vegetable	Summer Minestrone	Mushroom Barley	Curried French Lentil	Spicy Black Bean	Indian Spiced
31-Jul						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Guinness Beef Stew						
Hungarian Green Bean						

