



Healthy Savings!

Prices effective March 11 - 17

Organic Blueberries, 6-oz. pkg.....	\$2.99	
Organic Blackberries, 6-oz. pkg.....	\$2.99	
Organic Red Potatoes.....	\$1.59/lb	
Organic Cabbage.....	\$.99/lb	
Garrett Valley Corned Beef.....	\$9.99/lb	
2.5 – 3# average	While supplies last!	No nitrites or nitrates
Miller Poultry Pick of the Chick...	\$2.69/lb	
Grass-fed Beef Rib-eye Steaks bone-in.	\$14.99/lb	
Organic Red Raspberries, 6-oz. pkg.....	\$4.99	
Organic Red Grapefruit.....	2/\$3	
Organic Beefsteak Tomatoes.....	\$2.99/lb	
Organic Mini Sweet Peppers, 1# bag.....	\$2.99	
Pacific Cod Fillets, sold frozen; wild-caught, Iceland.....	\$11.99/lb	
Jack Fruit Chili, crafted in our Kitchen.....	\$4.99/lb	
DeVries Bratwurst & Mild Italian Sausage, Certified Humane.....	\$5.99/lb	
Aidell's Sausage, assorted Natural 12 oz.....	\$5.99	
Applegate Bacon, Thick-sliced, 12 oz.....	\$7.99	
Thrifty Thursdays Meat Sale, all fresh-cut Beef/Pork/Lamb..	15% off	
Baron de Ley Rioja, 750 ml Spanish Red Wine.....	\$12.99	
Cigar City Jai Alai & assorted 6/12 oz.....	\$9.99	

Celebrating 40 years serving Ann Arbor!

Open 7A-9P daily.



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Prices effective March 11 – 31

Back to Nature Crackers , select 4-8.5 oz.....	2/\$6
Cadia Organic Olive Oil , 750 ml Extra Virgin.....	\$7.99
Nature's Path Hot Cereals , select 8-cnt pouches.....	2/\$7
Cadia Organic Gelato , assorted 30 oz.....	\$3.99
Celestial Seasonings Tea , assorted varieties, 20-count bags.....	2/\$6
Wolfgang Puck Organic Soup , assorted varieties, 14.5 oz.....	2/\$5
Cadia Organic Pasta Sauce , assorted varieties, 25 oz.....	2/\$5
Ancient Harvest Pasta , W-F/G-F, assorted varieties, 8-9.6 oz.....	2/\$6
Natural Sea Albacore Tuna , Solid White, 5 oz, Salt or N/S.....	2/\$6
Blue Diamond Almond Milk , assorted Refrigerated varieties, 64 oz....	\$3.99
Cadia Organic Veggies , assorted 16 oz. Frozen varieties.....	2/\$5
Cadia Organic Pizzas , assorted Frozen 12-13 oz.....	2/\$10
The Daily Crave Lentil Chips , assorted 4.25 oz.....	\$2.69
Cadia Organic Corn Chips , 5 oz.....	2/\$4
Zevia Teas , assorted varieties, 12 oz.....	4/\$5
Natural Value Bath Tissue , 12-Double Roll pack, 100% Recycled.....	\$7.99
Bach Flower Remedies , entire line.....	20% off
NutriGold Herbs & Supplements , entire line.....	20% off
Trace Minerals Supplements , assorted varieties.....	20% off
Enzymedica Enzymes , entire line.....	20% off
Nature's Way Herbs , entire line.....	20% off
Garden of Life Nutrition , entire line.....	20% off
Solgar Vitamins & Supplements , entire line.....	20% off

fresh. local. organic.

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